



Note: 3 1/2 inches = 8.89 centimeters

Directions:

STEP 1: Print and cut out the graphic above, ensuring that the 3½ inch measurement section is correct using a ruler. If the size is not correct, be sure that your printer is set to 100%.

STEP 2: Cut a slit in the area marked "A." Wrap the paper around the base of your finger slipping the section marked with "0-15" through the slit marked "A."

STEP 3: Mark the measurement size with a pen. Tape the paper together to make a ring out of it. Try the paper ring to see if it comes on and off easily – especially around your knuckle area.

We highly recommend you use the cut out ring sizer on this page (above). Please also see our "Conversion Chart for International Ring Sizes" on the next page for approximate reference.

Conversion Chart For International Ring Sizes

Inside Diameter		Inside Circumference		Sizes			
(in)	(mm)	(in)	(mm)	United States & Canada	United Kingdom, Ireland, Australia, New Zealand	India, China, Japan, South America	Italy, Spain, Netherlands, Switzerland
0.618	15.7	1.94	49.3	5	J½	9	9.25
0.626	15.9	1.97	50	5¼	K		10
0.634	16.1	1.99	50.6	5½	K½	10	10.5
0.642	16.31	2.02	51.2	5¾	L		11.25
0.65	16.51	2.04	51.9	6	L½	11	11.75
0.658	16.71	2.07	52.5	6¼	M	12	12.5
0.666	16.92	2.09	53.1	6½	M½	13	13.25
0.674	17.12	2.12	53.8	6¾	N		13.75
0.682	17.32	2.14	54.4	7	N½	14	14.5
0.69	17.53	2.17	55.1	7¼	O		15
0.698	17.73	2.19	55.7	7½	O½	15	15.75
0.706	17.93	2.22	56.3	7¾	P		16.25
0.714	18.14	2.24	57	8	P½	16	17
0.722	18.34	2.27	57.6	8¼	Q		17.5
0.73	18.54	2.29	58.3	8½	Q½	17	18.25
0.738	18.75	2.32	58.9	8¾	R		19
0.746	18.95	2.34	59.5	9	R½	18	19.5
0.754	19.15	2.37	60.2	9¼	S		20.25
0.762	19.35	2.39	60.8	9½	S½	19	20.75
0.77	19.56	2.42	61.4	9¾	T		21.5
0.778	19.76	2.44	62.1	10	T½	20	22
0.786	19.96	2.47	62.7	10¼	U	21	22.75
0.794	20.17	2.49	63.4	10½	U½	22	23.25
0.802	20.37	2.52	64	10¾	V		24
0.81	20.57	2.54	64.6	11	V½	23	24.75
0.818	20.78	2.57	65.3	11¼	W		25.25
0.826	20.98	2.59	65.9	11½	W½	24	26
0.834	21.18	2.62	66.6	11¾	X		26.5
0.842	21.39	2.65	67.2	12	X½	25	27.25
0.85	21.59	2.67	67.8	12¼	Y		27.75
0.858	21.79	2.7	68.5	12½	Z	26	28.5
0.866	22	2.72	69.1	12¾	Z½		29
0.874	22.2	2.75	69.7	13	Z1 (Approximate)	27	29.75